

October 2018

Dear Parent or Carer,

NATIONAL CHILD MEASUREMENT PROGRAMME (NCMP)

Height and weight checks for children in Year 6

Every year in England, children in Year 6 have their height and weight measured as part of the National Child Measurement Programme (NCMP). Your child's class will take part in this year's measurement programme.

The NCMP provides information to help build an understanding of national and local trends in child weight. It is important to have a good understanding of how children are growing, so that the best possible advice and support can be provided for them and their families.

The measurements will be taken by trained public health nursing staff at school in a private space away from other pupils. Children who take part will be measured fully clothed except for their coats and shoes. Routine data such as your child's name, date of birth, sex, address, postcode and ethnicity will also be collected.

The data from all schools in the area will be gathered together and held securely by our local authority public health team. Please note that we may store your child's information on their health record. No individual measurements will be given to your child, school staff or other children, and all information will be treated confidentially.

The programme's data is used within the local authority and NHS to help plan the provision of services locally to support healthy weight and lifestyles. The information is also submitted for national analysis and publication in a way that means individual children cannot be identified.



Mike Ridley – Chairman
Jan Ditheridge – Chief Executive



Healthy You, Healthy Future



After the measurements, we will send you your child's results and information regarding healthy lifestyles. Some parents may also receive a telephone contact from a member of the Public Health Nursing Service (formally School Nursing) prior to receipt of their letter.

If you would like to discuss your child being measured or if your child has a medical condition that you think may affect their measurements, please do not hesitate to contact the NCMP advice line below, leave a message and a qualified nurse will contact you within 5 working days.

NCMP Advice line: 07896 812233

Opting your child out of the programme

If you are happy for your child to be weighed and measured, you do not need to do anything. If you do not want your child to take part, please return the slip at the end of this letter to the school and your child will not be measured. Children will not be made to participate if they do not want to.

Yours faithfully

Jane Cook
Public Health Nurse

Opting your child out of being weighed and measured

Return this form if you do not want your child to participate.

NCMP Opt-Out :

I do not wish my child to be weighed and measured for the National Child Measurement Programme.

Child's name	
Child's date of birth	
Child's school	
Parent/carer name	
Parent/carer signature	

Please return to school office



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