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For every child, an Excellent Education

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23rd March 2018

Dear Parents and Carers,

Safe Touch and the PANTS Rule from the NSPCC

I am writing to inform you that this term we will revise some key points of our Relationship and Sex Education (RSE) scheme with all children from Reception to Year 6. Having taught the majority of our RSE lessons in the autumn term, we feel that it is important to revise some simple rules to help children keep themselves safe. All teachers will deliver a "Safe Touch" lesson between now and Easter 2018. This is so that we can reinforce key safeguarding messages around personal space and privacy.

The lessons will be tailored to the needs and maturity of each class and will be taught by teachers. The focus is that of empowering children to seek help from trusted adults, should they feel uncomfortable with another person's behaviour.

In KS1 and lower KS2, the PANTS rule will be explained to children and the very catchy "Pantosaurus" song will be used to reinforce these important messages in a fun and engaging way. The NSPCC has developed this resource for schools and parents to help to explain personal space and safe touch to young children. I have attached The PANTS Guide for Parents to this letter so that you can continue the conversation at home.

In years 5 and 6, we will use a resource called "Keeping Myself Safe: Personal Safety for Young People aged 10 - 14". This is a resource which is recommended by the NSPCC.

If you would like further information, please do not hesitate to contact your child's class teacher.

Yours sincerely,



